



# SUPPORT A TEEN

EKURHULENI NORTH TEMBISA

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In partnership with :



social development

Department:  
Social Development  
REPUBLIC OF SOUTH AFRICA



# TEENS ON A MISSION FOUNDATION

TEENS ON A MISSION FOUNDATION (TM) IS A NON  
GOVERNMENTAL ORGANISATION ESTABLISHED IN 2023 AND  
OFFICIALLY REGISTERED WITH SOCIAL DEVELOPMENT IN 2024.

WE  
ARE ALL ABOUT HUMAN SERVICES AND PEOPLE CHANGING WE  
WORKING WITH YOUTH AND AND TEENAGERS.  
WE EXIST BECAUSE WE WANT TO ADDRESS THE ISSUES THAT  
OFTEN REQUIRE COLLABORATIVE APPROACHES INVOLVING  
PARENTS,TEACHERS THE COMMUNITY AND TEENAGERS  
THEMSELVES. TO BUILD A SUPPORTIVE ENVIRONMENT WHICH  
WILL HELP FOSTER POSITIVE BEHAVIOUR IN TEENS.  
WE HAVE PARTNERED WITH SOCIAL DEVELOPMENT TO HELP THE YOUTH IN OUR COMMUNITIES  
TO THRIVE FOR A BETTER FUTURE.  
WE DEDICATED TO IMPROVING THE QUALITY OF LIFE AND MAKING A DIFFERENCE.

**NAME : TEENS ON A MISSION FOUNDATION**

**YEAR FOUNDED : 2024**

**REGION : GAUTENG**

**LOCATED : TEMBISA EKURHULENI NORTH**

**REGISTRATIO NUMBER : 307-936 NPO**

**TAX NUMBER : 9487426224**

**PBO NUMBER : 930082905**

**TEAM : 5 BOARD MEMBERS,2 FULL TIME MENTORS,2 VOLUNTEERS**

**BENEFITIARIES : YOUTH & TEENAGERS**

**SERVICES AND PROGRAMMES :**

**GUIDANCE SESSIONS, GROUP WORK,TEEN CLUBS**

**CAMPAIGNS,EVENTS,PROJECTS. SCHOOL HOLIDAY PROGRAM.**



## Mission Statement

Our mission is to empower teens to make positive behavioral changes through education, support, mentorship and guidance. We aim to foster a safe and supportive environment where teens can grow, learn, and thrive.

## Objectives

- Building life skills
- To reduce risky behaviors through education and intervention.
- To enhance teens' emotional and social well-being.
- To provide a supportive network for teens and their families.

## 2. Program Overview

### Target Audience

Our program targets teens who are at risk of engaging in unhealthy behaviors or who are seeking support to make positive changes in their lives.

### Key Components

- **Mentorship sessions** : Provide information on various topics that contribute to social issues.
- Educational workshops: provide information on various topics such as:
  - Disrespect and defiance peer pressure, risky behaviours
  - Academic performance and healthy relationships.
- **Peer Group Discussions**: Facilitate peer-led discussions to encourage sharing experiences and mutual support.

# Executive

# Summary

In 2024, the Department of Health issued a report that stated that, It recorded that about one in four girls are experiencing teenage pregnancy. Not only is it becoming a concern, but it is also becoming a crisis for our communities. Our teenagers have outgrown the responsibility to be children leading them to grow up a lot faster than they should. Their overall behaviour is becoming a concern. Not only have we identified challenges, but we have also found out there are many circumstances leading to the demotivation of staying in school.

The most common of these challenges are behavioural challenges.

Considering that there are family systems that contribute to these challenges, Our teenagers are in a position where they can analyze situations, they feel the need and the responsibility to take control. This affects their well-being. They end up not seeing the importance of staying in school.

An intervention is needed to help bring about the change that we seek the support that they need.



# Challenges faced by **Teens**



**Teenage pregnancy**



**High school drop outs**



**Substance use**



**Violence**



**Desrespect**



**peer pressure**

# Introducing the support a teen **Project**

## Empowering Teens: Ongoing Behavioral Support and Development Program

### Introduction

We want to help keep teenagers in school, with the challenges faced by teens in our communities we felt there was a need for community education amongst youth. We want to create a supportive environment where teens can thrive.

Our project is for teenagers, as an organisation we do not only support their growth but also support in making sure that they are motivated to stay in school. We have one beneficiary school and we also do community outreach.

We do school visits, host teen clubs one Saturday a month, a school holiday program that includes workshops and school holiday tours as part of our community outreach. We require support to make our impact a possibility and we will be needing support, financially and with resources. This year our Budget for the school holiday program is R10000 which will be covering the cost of materials, refreshments and travel. Through our school closing term of June - July 2025.

We will then identify children needing the most support, those that are orphaned and coming from child-headed households, by seeking support and doing referrals to get them the support they may need.



# Project

## Objectives



**Provide ongoing behavioral and emotional support to teens through workshops, guidance, and mentorship.**



**Promote positive coping mechanisms and social-emotional skills such as communication, empathy, conflict resolution, and resilience.**



**Encourage healthy relationships between teens, their peers, parents, and other significant individuals in their lives.**



**Prevent risky behaviors like substance abuse, truancy, and delinquency by promoting self-awareness and self-discipline.**



**Foster academic success by helping teens develop strong time-management and goal-setting skills.**

# Programmes 2025

No	Name	Designation	
1	Ongoing guidance and group sessions what will be needed: Presentation Materials, Information resources, Travel cost.	<b>Mon - Fri</b>	by facilitators/Mentor s
2	School holiday workshops what will be needed: Materials and resources, Goody bags, Refreshments, Venues	Through Weeks 27 June-22 July 2025 03 October -13 October 2025	Partnerships, Colla borations, Facilitator's and mentor's
3	Teen clubs ,Campaigns,Events and community outreach	<b>Throughout the year</b>	Parents, Teens, co mmunity



## Contact

# Information

### Address

● 551 Katavi St Tsenelong Tembisa

### Email

● teensmfoundation@gmail.com

### Phone

● Contact person @Mpho  
0788796760

### Instagram



@teens\_m\_foundation

### website



<https://sites.google.com/view/teens-on-a-mission-foundation/home>

## Get involved

It is only with your support that we are able to offer ongoing support to our projects and beneficiaries you can get involved through :

## Support and Sponsorship